

# Food

## BADBADNOTGOOD & Ghostface Killah

I used to rob and steal, now I make food for thought  
Fresh like the air you snort  
I drop jewels, little nuggets of wisdom  
Seeds that keep growing  
Paying my debts to society, so no more owing  
Now it's showing and proving, keep the body moving  
Exercising the mind is scientifically proven  
To increase your life line, strengthen your heart  
Eat fish, that brain food will get you smart  
Yoga, deep medicational tactics  
You no good then just practice, cause practise makes perfect  
Stop burying your lies and bring the truth to the surface  
Money is the root to all evil, that cash rule  
Will have you out there looking like a damn fool  
That's the devil's bait, the all mighty dollar tree  
Will have your mind fooled by technology  
Make the right choice, no need for an apology  
Them light as the sun, the sun's the father  
The father is the man on Earth, we try harder  
To teach one, preach one  
Just acknowledge the wisdom  
Can't figure right from wrong, it's a tough decision  
My vision is light, some come to me when yours black out  
Follow the footprints as I lay the tracks out  
He's a righteous God, I want the best for mankind  
Navigate through this war without blowing a landmine  
My light shines from the east my brother  
Verbally I spit, I'm a beast my brother  
March through the blackness, search for the ray of lights  
Don't walk bare footed through the grass  
Cause that's where the snake strikes  
Protect ya neck, evil lurks in the shadows  
Darkness is best where the Devil wins battles  
The weak fall victim, the strong sound diligent  
Guerilla, we gullible but manage to stay militant  
Super stars, our ego is so top billin' it  
Follow me son and I'll show you how I'm killin' it  
These wolves is vicious, assigned to danger  
The changer, I'm 'bout to pull you all through a chamber

Lyrics provided by <https://www.songarea.com/>

